



THE BEET RETREAT

RELAX. UNWIND. REFRESH.



55 One Tree Hill Road, Smiths Gully 3760 Victoria, Australia



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WELCOME TO THE BEET RETREAT!

Thank you for enquiring about or booking a stay at The Beet Retreat!

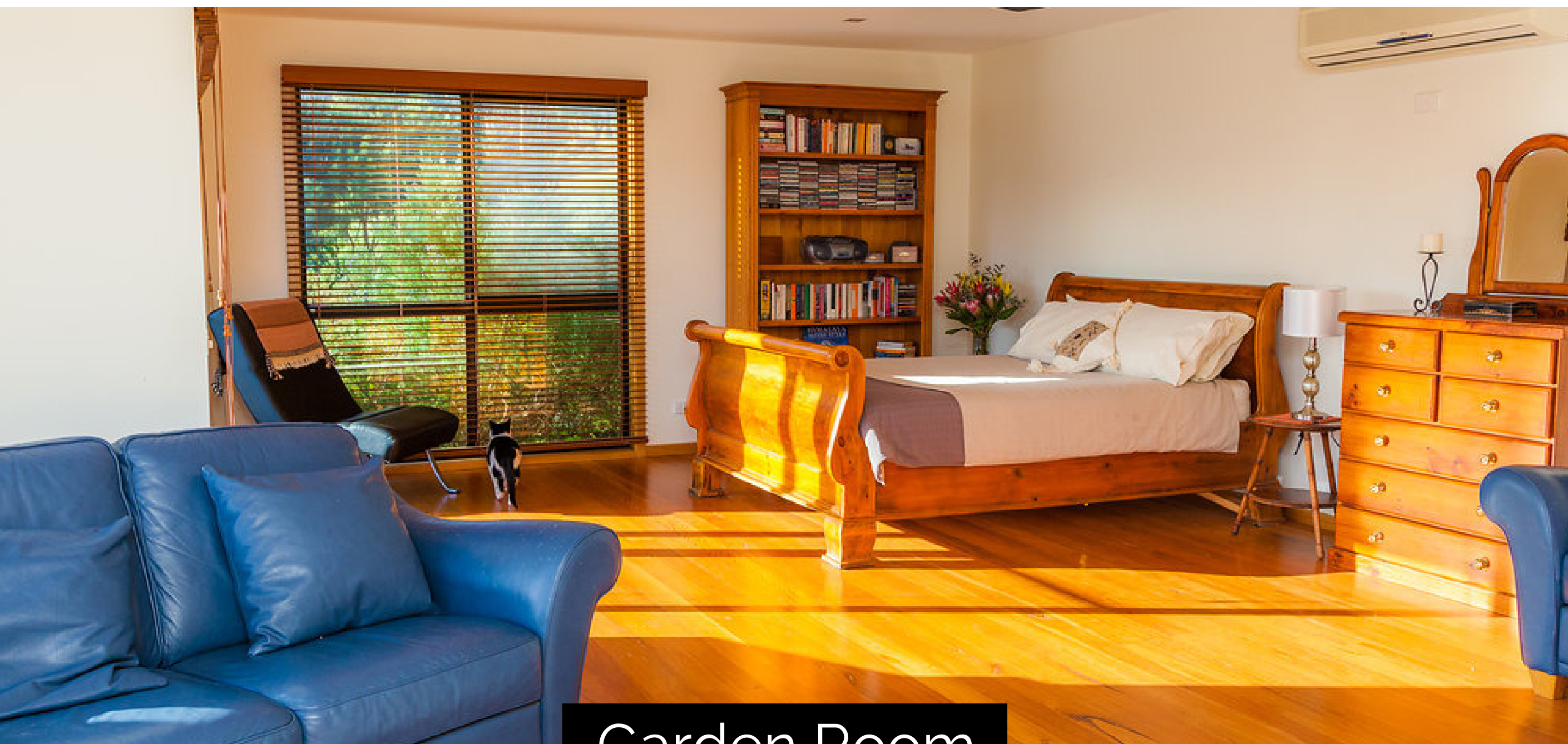
Operating since April 2014, it has been my privilege to welcome many wonderful guests through the doors and I look forward to the opportunity to welcome you.

The Beet Retreat is a *Vegan B&B and whilst everyone, Vegan or not, is warmly welcomed, I sincerely request that for the duration of your stay you honour that ethos and bring NO animal *consumables of any kind onto the property. (See the last page if unsure what this means)

I also remind you that the main kitchen is NOT available for use aside from tea and coffee making facilities. Deliciously healthy meals are provided upon request and "The Treetops" room has a kitchenette for those who want to self-cater.

Thank you in advance for your consideration and support.

RATES & ROOM DESCRIPTIONS:



Garden Room

- Luxurious Pillow-top Queen Size Sleigh bed
- Spacious and luxurious bed-sitting room with couches
- Direct access to your own deck & from deck to garden
- Separate, private bathroom featuring large shower & bath
- Expansive north east facing valley views
- Reverse Cycle AC, TV/DVD, CD player, books etc
- Located at opposite end to the The Treetops Room.

RATES:

Holiday and Weekend: (Friday, Saturday) **\$170*** per night.

Other Weekday: **\$150*** per night.

**** please note that some peak periods have a 2-night minimum stay criteria and/or are at the weekend rate. ****

Third person option possible **\$40** per night (see below re children) Companion animals are considered for this room.

* Prices will increase on 1 July 2018



Treetops Room

With the option to be fully self catering with a beautiful kitchenette. The room is lockable from the rest of the house, allowing booking of this room in my absence. Vegan breakfast provisions are included in the room rate if I'm absent, but the usual in-house breakfast is served otherwise.

- Spacious, light filled north east facing room
- Direct access to deck and own entry point
- Ensuite Bathroom featuring double shower and corner bathtub.
- Kitchenette with microwave, fridge, jug, toaster, all crockery and cutlery - *vegan ethos applies*

RATES:

Holiday and Weekend: (Friday, Saturday) **\$190*** per night.

Other Weekday: **\$170*** per night.

**** please note that some peak periods have a 2-night minimum stay criteria and/or are at the weekend rate. ****

* Prices will increase on 1 July 2018

RATES & PAYMENT DETAILS:

- **Your accommodation has been prepaid**, with thanks.
- **Meals, private cooking classes and hikes:** Please enquire directly.
- **Gift Vouchers:** available to buy on our website and are valid for 12 months from the date of purchase.
- **REFUND POLICY:** FULL refund is available up to 14-days before your arrival. \$150 withheld if cancelled within 13 to 8-days of arrival. If you cancel within 7-days of check-in, no refund will be given.
- **RE-BOOKING POLICY:** You may re-book your dates, if this occurs within 7 to 14-days of arrival, a \$100 re-booking fee, will be applied.

GENERAL DETAILS:

Check in from 2:00 pm and check out by 10:30 am.
No smoking policy ANYWHERE on the property.
Children under 10 generally not provided for (see below)
Companion Animals generally NOT accommodated (see below)



MEALS:

Big healthy breakfast is included
in your room rate.

Dinner (including dessert) is \$35.00*per person.

Focus is on healthy, mostly ORGANIC, whole-foods at
The Beet Retreat.

Can cater for full WFPB, Raw, GF and most other allergens.
Please let us know at time of booking.

*Dinners must be pre-paid.

Non-refundable if cancelled within 3-days of arrival

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COOKING CLASS:

- For 1-8 people and can be tailored to the individual or group needs.
- All are 3 hours hands-on PLUS 1 hour for the meal.
- Healthy, Whole Foods. Mostly organic ingredients.
- INCLUDES a sit-down main meal, including salad and dessert.
- INCLUDES Recipes, Ongoing Support and Advice.
- \$200 for a Private 3-hour Hands-On Class plus meal.
- \$140pp for 3-hour Hands-On Class of 2 participants plus meal.
- \$120pp for 3-hour Hands-On class of 3-4 participants plus meal.
- \$90pp for 3-hours Hands-On class of 5-8 participants plus meal.

"All classes must be paid for in advance via online booking and are non refundable if cancelled within 7 days of class"

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BEET HIKES:

- Hiking or Trail Running.
- HIKE and/or RUN: \$25 an hour.
- ADVENTURE BASED LIFE: Advice, support and training plans for those wishing to make hiking or trail running adventures in the outdoors a part of their life. Also ideal for those wishing to start multi-day hiking or adventure racing. Please contact me for more.

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CHILDREN:

- **There is a third person option for the GARDEN ROOM upon application at \$40 per night.
- Children under 10 are NOT generally accommodated for safety reasons (high balconies, stairs).
- Also, a member of my fur family, Subi, is frightened and stressed by little ones.
- All animals here are rescues and their peace of mind is paramount.
- Children over 10 are welcome if BOTH guest rooms are occupied by the same party (so as not to disturb other guests) or sometimes during mid week when the likelihood of other guests is less.
- My apologies, but thank you for your understanding.



COMPANION ANIMALS:

- Generally, The Beet Retreat is not suitable to bring your companion animals because my home is a safe haven for my two horses, cats, hens, sheep, my Kelpie - Mac and numerous passing visitors (wildlife).
- All of the animals at The Beet Retreat have been rescued.
- If, however, you wish to contact me for special consideration to bring a companion animal, please consider the following criteria:
- Quiet, please! We enjoy a quiet life, so we request if your pooch is a barker... please reconsider.
- Because the resident cats are super friendly, it would be most important that visitors companion animals are comfortable around cats.
- All dogs **MUST** be kept under control at all times. On leash outside. No exceptions.
- No dogs on beds, please.
- The Garden room is the only room available for guests with companion animals as it has its own lockable decking which is lovely for a dog/s to go in and out of the room.

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THINGS TO DO AROUND AND ABOUT

There are many wineries and places of interest to explore and indulge in the Yarra Valley and Ranges.

RECOMMENDATION

We love to support our neighbours. There is a local winery Nillumbik Estate, www.nillumbikestate.com.au, is only 2km away. Please pre-book on weekends as it can book out for lunch. Their vegan pizza and wines are fabulous!

THINGS TO DO

Aside from the obvious rest and relaxation of staying at a warm and welcoming vegan B&B, there is much to explore in the region in addition to the wineries and bushwalking.

Start here and plan your trip the way you like it.

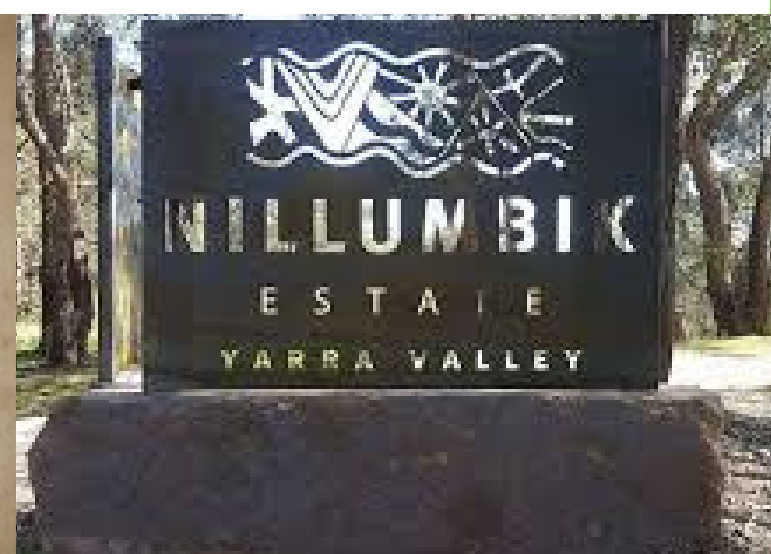
Do nothing at all or have a big day out before returning home to a beautiful meal and a restful nights sleep.

<http://standrewsmarket.com.au/cms/>

<http://yarrarangestourism.com.au>

<https://visityarravalley.com.au/things-do>

<http://www.alocalbaker.com>



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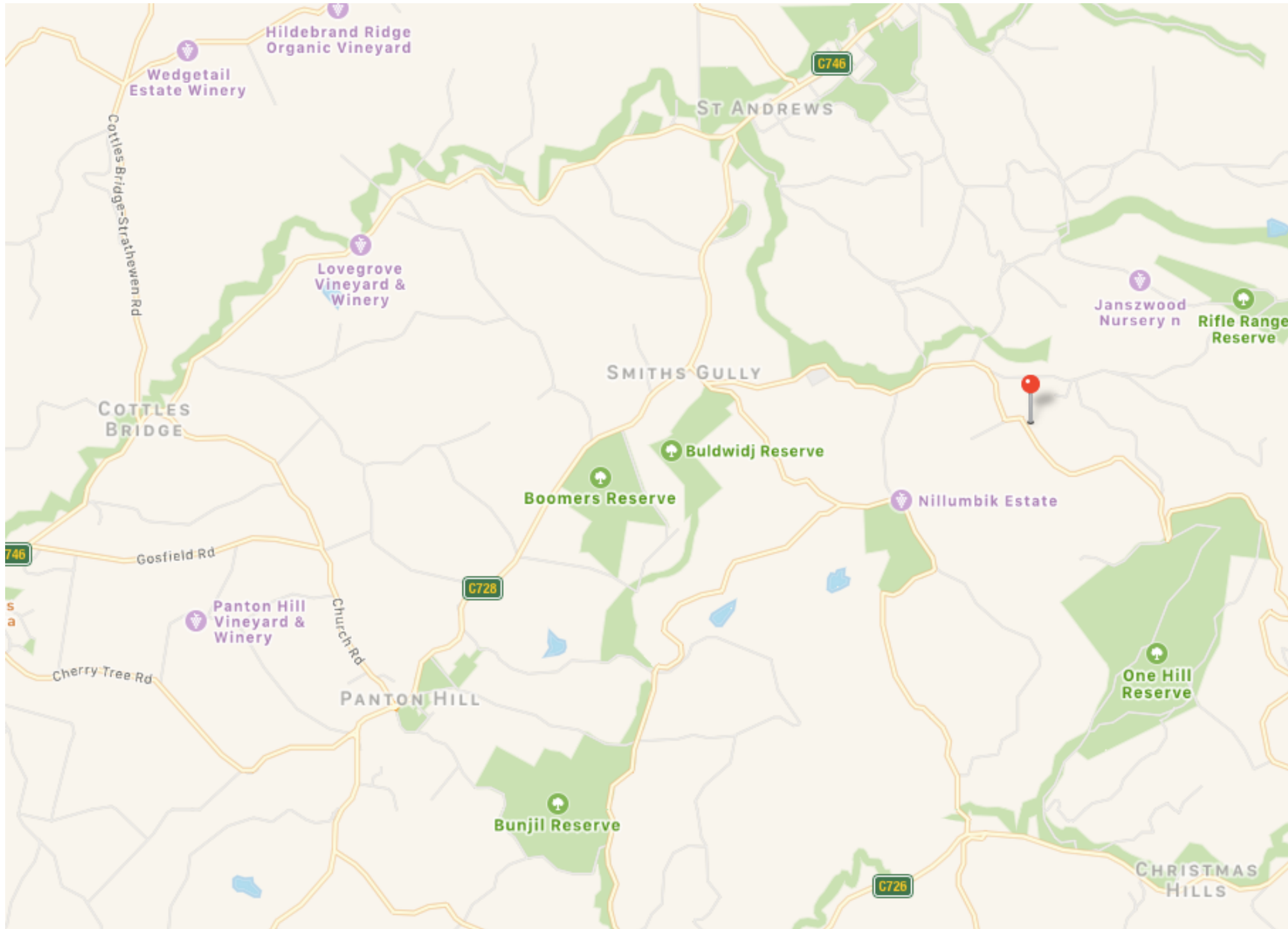
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DIRECTIONS:

Please make sure your Google Maps address is 55 One Tree Hill Road, Smiths Gully.

From the carport, follow the rock wall and garden toward the black shed to the front glass door. One of the cats is sure to greet you.



Please feel free to give me a call if you'd like to know about anything further....or email.

Thanks for your enquiry,

Jan Saunders

0407 967 462

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THE VEGAN THING

*Vegan means that we do not eat or use animal products including meat, dairy, eggs and honey amongst other things...

I don't insist that this extends to guests garments or to their animal companions' food.

The resident cats here are not vegan, as it is my view that as cats are "Obligate Carnivores" it is unwise to tamper with their biology. Humans and dogs can both thrive as omnivores or herbivores.

Please note also that there are leather couches here that I purchased many, many years before I went vegan in 2012.

While I look forward to the day that I may be in a position to replace these with items that have NOT come from the animal agriculture industry, until said items become unserviceable, I, like many other vegans, will continue to use them.

It's a very different thing to knowingly support "animal exploitation" industries through the purchase of something new.

